

JOON

Persian Secrets

Integrating the JOON DETOXIFYING SCALP TREATMENT Into A Head Spa Service



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Consultation:

- Make sure you provide time for a thorough consultation so that you can create a customized scalp detoxifying treatment that will address your client's individual needs.

Contraindications:

- Sunburn, skin rashes or conditions, open sores, fractures, acute pain or injury, fever or infections, open wounds, contusions, burns, infection of the skin and soft tissue, thrombosis, or cancer.

Pre-Service Preparedness:

Note: Since each client has unique needs, this protocol doesn't include step-by-step instructions for the treatment plan and is expected to be incorporated into a customized scalp massage composed of varying massage techniques.

- Set the ambience of the treatment room with relaxing, meditative music.
- Take a moment to use your preferred methods to ground yourself prior to the service. Be prepared to be present in the moment with your client.

Client Reception:

- Greet clients with warmth and gratitude. Perform client consultation and ask the client if they have any questions.
- Discuss allergies, sensitivities, and any contraindications.
- OPTIONAL: At this point you will do a scalp analysis either visually or with any scalp analysis machine your salon/spa has available.
- Invite the client to change into a robe/kimono if available, or drape for a shampoo following those guidelines required by your State Board/Salon protocols.
- Empower your client to provide feedback on their comfort during the massage in regards to temperature, pressure, music, body positioning, etc.
- Ensure your client is comfortable and be prepared to adjust neck positioning, water temperature, and/or pressure as needed.

Sensory Journey:

- Cover your client's eyes with damp cotton rounds, a folded towel, or an eye mask.
- Allow them to choose their preferred essential oil. (I typically suggest 3-4 options held under their nose 1 at a time.)
- Place a small amount of the essential oil in the steamer bowl on a cotton round, a few drops in a bowl of water next to you to use during the treatment, and rub a couple of drops onto your hands.

xo the Joon team

Protocol:

1. With the client lying comfortably face up, ask them to close their eyes. Gently rest a hand on each side of the client's head and ask them to slowly breathe in and out. Have them repeat the slow breathing until you feel their body relax.
2. Using nothing but your fingers, gently comb through the dry hair breaking up hairspray/styling products while lightly massaging the scalp. Once styling product has been broken up, squeeze 2-3 pumps of the Joon Saffron Hair Elixir into your hands. Rub your hands together and allow your client to inhale the fragrance before working the elixir through the hair midshaft to end, then work anything remaining on your hands onto the hair base to end. Begin Scientific Brushing or working the elixir through the hair with your fingers. (This is a type of "Oil Pulling" to draw-out impurities, nourish your scalp, and improve the overall health and appearance of your hair.)
3. If you plan to incorporate a facial massage or stimulation in your treatment, then this scalp massage should be performed after the facial massage. If you do not plan to incorporate a facial massage into the service, then begin with the scalp massage.
4. Turn on the water and check the temperature on your inner wrist. Water should be warm and the pressure should be a steady stream, not a "power wash". Allow the water to flow through the client's hair while you continue to comb through the hair with your fingers and massage the scalp.
5. Smooth the client's hair down and back with your fingertips, then use the Sumac Scalp Scrub's needle-nose applicator to apply 3-4 thin lines of product onto the scalp along the area where the hair naturally parts.
6. Pressing your finger down into the scalp scrub, stroke your hands gently down your client's head towards the nape 3 or 4 times to completely work the scrub on the scalp over the entire head.
7. Place your hands on your client's head with your fingers out-stretched (one hand should be on each side of their head, above the ears).
8. Use the outside edge of the heels of your hands to make contact with the sides of the head.
9. Roll the pressure up the edges of your hands to the tips of your little fingers.
10. Maintaining a smooth rhythm, roll back from the little fingers, back down towards the heels of the hands. Move 2 finger widths up the head each time.
11. Following parallel lines, work this technique over the whole head.
12. Support the forehead with one hand. Rotate 2 fingers around from the other hand.
13. Work back from the front hairline in a parallel line down from the front hairline towards the nape.
14. Once at the nape area, hold both fingers pushing gently upwards and count to 3.
15. Return to the front hairline and once again work down towards the nape, 2 finger widths away from the first line.
16. Count to 3 once at the nape area and repeat this process until you have covered the whole of one side of the head.
17. Change sides and repeat the whole process on the opposite side of the head.
18. Starting with your hands on either side of the neck, slide your fingers up through your client's hair keeping them close to the scalp.
19. When you have gathered a handful of hair between the fingers, firmly pull away from your client's head and allow the hair to move through your fingers under tension.

Protocol (continued):

20. Repeat this process all over the head, always pulling your client's hair at right angles away from the scalp.
21. Support your client's forehead with one hand and place the heel of your other hand on the nape of one side of your client's head.
22. Knead the heels in circular movements with strong pressure up from the neck over the head towards the crown.
23. Repeat this process from the crown to the front hairline on both sides of your client's head.
24. Finish by rubbing briskly over the head, then use your fingertips to gently comb or stroke the hair.
25. Once completed, stroke or comb through the hair from the nape to the hairline.
26. Massage the hairline with your thumbs or by using two fingers.
27. Gently rinse all product out of the hair, massaging and/or combing through the hair with your fingers. It is NOT important to rinse away all the Sumac Scalp Scrub because you will be doing a second shampoo.
28. Dispense a pump or two of the Joon Saffron Rose Shampoo and gently massage onto the hair and scalp. (This "2nd shampoo" acts as a guarantee that all the scalp scrub, along with any product residue, sweat, and superficial detritus from the hair strand has been fully removed.)
29. Using your thumbs and fingertips, work the shampoo throughout the hair, then rinse.
30. Once you feel all the Saffron Rose Hydrating Shampoo has been rinse away, apply the Saffron Rose Conditioner or Saffron Rose Moisture Mask. (For additional hydration, add 2-3 pumps of the Joon Saffron Hair Elixir to the mask.)
31. Apply the Saffron Rose Moisture Mask concentrating on the midshaft to ends and begin massaging it into the hair with slow, even strokes.
32. Once the steam is ready, cover the client with the Steam Shield and allow 5-10 minutes for the hair mask to fully hydrate, moisturize, and repair the hair strands.
33. While the mask is processing, this is a great time to do any hand/foot treatments, light enzyme masks, or add-on services.
34. Remove the Steam Shield and rinse the hair with warm/cool water. Once all the mask has been removed, squeeze excess water from the hair, and apply Tea/Herbal Rinse.
35. Dry with a towel and then work a pump or two of the Joon Saffron Hair Elixir in order to detangle, nourish the hair/scalp, reduce drying time, and protect the hair from environmental/heat damage.
36. Complete the Detoxifying Treatment by placing both your hands firmly on your client's shoulders. This provides a clear signal to your client that the treatment is complete and he/she should begin sitting up. Explain to the client that he/she should walk back to the styling area and that you will join them in a moment.

Close of Service:

- Clean up the shampoo area and then meet the client at your station.
- Begin the next part of the scheduled appointment.