

DETOXIFYING SCALP TREATMENT

Using the Joon Sumac Scalp Scrub



- 1. With the client lying comfortably face up, ask them to close their eyes. Gently rest a hand on each side of the client's head and ask them to slowly breathe in and out. Have them repeat the slow breathing until you feel their body relax.
- 2. Using nothing but your fingers, gently comb through the dry hair breaking up hairspray/styling products while lightly massaging the scalp.
- 3. If you plan to incorporate a facial massage or stimulation in your treatment, then this scalp massage should be performed after the facial massage. If you do not plan to incorporate a facial massage into the service, then begin with the scalp massage.
- 4. Turn on the water and check the temperature on your inner wrist. Water should be warm and the pressure should be a steady stream, not a "power wash". Allow the water to flow through the client's hair while you continue to comb through the hair with your fingers and massage the scalp.
- 5. Dispense a pump or two of the Joon Saffron Rose Shampoo and gently massage onto the hair and scalp. This acts as a "pre-cleanser" for the Detoxification Treatment and removes product residue, sweat, and superficial detritus from the hair strand.
- 6. Using your thumbs and fingertips, work the shampoo throughout the hair, then lightly rinse. It is NOT important to rinse away all the shampoo.
- 7. Then use the Sumac Scalp Scrub's needle-nose applicator to apply 4-5 thin lines of product onto the scalp along the area where the hair naturally parts. Massage the scrub into the scalp using firm but gentle pressure, covering the entire scalp area.
- 8. Employ various massage techniques, including kneading, circular motions, and pressure point stimulation, to promote relaxation and stimulate blood circulation.
- 9. Pay particular attention to tension areas and areas of residue, buildup, flakes, etc. identified during the consultation.
- 10. Gently rinse all product out of the hair, massaging and/or combing through the hair with your fingers.
- 11. Once you feel all the Sumac Scrub has been rinsed away, apply the Saffron Rose Conditioner or a hair mask from mid-lengths to ends, allow 3-10 minutes for the hair to absorb the conditioner/mask, then rinse.
- 12. Squeeze excess water from the hair, towel dry, and then wrap the hair in a towel.
- 13. Complete the Detoxifying Treatment by placing both your hands firmly on your client's shoulders. This provides a clear signal to your client that the treatment is complete and he/she should begin sitting up. Explain to the client that he/she should walk back to the styling area and that you will join them in a moment.